



# August 2010 Lunch Menu

## Pope John XXIII

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
9	10 Spaghetti w/ Meat Sauce Sliced French Bread Cut Cucumbers Diced Peaches Choice of Milk, Juice or Water	11 Chicken Strips w/WG Roll Steamed Carrots Fresh Cut Watermelon Wedge Ketchup Packet Choice of Milk, Juice or Water	12 Teriyaki Chicken & Rice Cut Broccoli Fresh Cut Orange Wedges Fortune Cookie Choice of Milk, Juice or Water	13 Cheese Pizza Tossed Green Salad Fresh Cut Apple Wedges Ranch Packet Choice of Milk, Juice or Water
16 Fish Sticks w/WG Roll Steamed Carrots Diced Peaches Ketchup Packet Choice of Milk, Juice or Water	17 (2) Chicken Tostadas Refried Beans & Cheese Banana Taco Sauce Choice of Milk, Juice or Water	18 Chicken Sandwich on Bun Celery Sticks Diced Peaches Mayonnaise Packet Choice of Milk, Juice or Water	19 100% Beef Hamburger w/Bun Cut Wedge Fries Pineapple Chunks Ketchup & Mustard Packet Choice of Milk, Juice or Water	20 Cheese Pizza Tossed Green Salad Fresh Cut Apple Wedges Ranch Packet Choice of Milk, Juice or Water
23 Meatballs & Brown Gravy Mashed Potatoes Diced Peaches Sliced French Bread Choice of Milk, Juice or Water	24 Beef & Chs Burrito w/Taco Sauce Whole Kernel Corn Fruit Cocktail Chocolate Chip Cookie Choice of Milk, Juice or Water	25 Spaghetti w/ Meat Sauce Sliced French Bread Cut Cucumbers Diced Peaches Choice of Milk, Juice or Water	26 Breakfast for Lunch French Toast Sticks & Sausage Fresh Fruit Medley atermelon, Cantaloupe, Honevde Syrup packet Choice of Milk, Juice or Water	27 Cheese Pizza Tossed Green Salad Fresh Cut Apple Wedges Ranch Packet Choice of Milk, Juice or Water
30 Mozzarella Sticks w/ Marinara Whole Kernel Corn Applesauce Ketchup & Mustard Packet Choice of Milk, Juice or Water	31 Macaroni & Cheese Tossed Green Salad Fresh Cut Watermelon Wedge Ranch Packet Choice of Milk, Juice or Water			

\*\*Fresh Fruits & Vegetable selections subject to change based on quality, seasonality, and availability.

\*All meals are served with choice of Milk (1% Chocolate or Non-Fat White), Water Bottle or Fruit Juice