

September 2010 Lunch Menu

Pope John XXIII Catholic School

Monday	Tuesday	Wednesday	Thursday	Friday
		September 1 Jumbo Cheese Crisp Green Beans Fresh Cut Orange Wedges Taco Sauce Choice of Milk, Juice or Water	2 Chicken Strips w/WG Roll Steamed Carrots Fresh Cut Watermelon Wedge Ketchup Packet Choice of Milk, Juice or Water	3 Cheese Pizza Tossed Green Salad Fresh Cut Apple Wedges Ranch Packet Choice of Milk, Juice or Water
6 Holiday No School	7 Creamy Chicken w/ Spiral Pasta Cut Carrots Diced Peaches Choice of Milk, Juice or Water	8 Hot Ham & Cheese Sandwich Cut Green Beans Fresh Cut Watermelon Wedge Choice of Milk, Juice or Water	9 Orange Chicken & Rice Cut Broccoli Fresh Cut Orange Wedges Fortune Cookie Choice of Milk, Juice or Water	10 Cheese Pizza Tossed Green Salad Fresh Cut Apple Wedges Ranch Packet Choice of Milk, Juice or Water
13 Mozzarella Sticks Marinara Dipping Sauce Steamed Carrots Diced Pears Choice of Milk, Juice or Water	14 Homemade Beefaroni Tossed Green Salad Banana Ranch packet Choice of Milk, Juice or Water	15 Chicken Sandwich on Bun Celery Sticks Diced Peaches Mayonnaise Packet Choice of Milk, Juice or Water	16 100% Beef Hamburger w/Bun Cut Wedge Fries Fresh Cut Orange Wedges Ketchup & Mustard Packet Choice of Milk, Juice or Water	17 Cheese Pizza Tossed Green Salad Fresh Cut Apple Wedges Ranch Packet Choice of Milk, Juice or Water
20 BBQ Chicken Sandwich Celery Sticks Cut Pineapple Choice of Milk, Juice or Water	21 Beef Nachos Whole Kernel Corn Fruit Cocktail Tortilla Chips Choice of Milk, Juice or Water	22 Spaghetti w/ Meat Sauce Sliced French Bread Cut Cucumbers Diced Peaches Choice of Milk, Juice or Water	23 French Toast Sticks & Sausage Fresh Fruit Medley (Watermelon, Cantaloupe, Honeydew) Syrup packet Choice of Milk, Juice or Water	24 No Lunch
27 Homemade Macaroni & Cheese Baby Carrots Applesauce Choice of Milk, Juice or Water	28 Ham & Cheese Hoagie Pickle Spear Cut Pineapple Mayonnaise Packet Choice of Milk, Juice or Water	29 Chicken Strips w/WG Roll Steamed Carrots Fresh Cut Watermelon Wedge Ketchup Packet Choice of Milk, Juice or Water	30 Sloppy Joe Wedge Fries Fresh Cut Orange Wedges Ketchup Packet Choice of Milk, Juice or Water	1-Oct Cheese Pizza Tossed Green Salad Fresh Cut Apple Wedges Ranch Packet Choice of Milk, Juice or Water

**Fresh Fruits & Vegetable selections subject to change based on quality, seasonality, and availability.

*All meals are served with choice of Milk (1% Chocolate or Non-Fat White), Water Bottle or Fruit Juice